



# Breaststroke Clinic



SwimEd Ltd is pleased to host a Breaststroke Clinic presented by Graham Smith.

Graham is a highly qualified professional swimming coach and has a wealth of knowledge to share. He started his coaching career in 1998 at Stonehaven Swimming Club which collated with other clubs to form South Aberdeenshire Swim Squad. In 2003, he moved to New Zealand to take up the position of head coach for

Fairfield Swimming Club.

His accomplishments include recently been appointed the Head Coach for the Paralympic Swim Team to the World Championships in Holland 2010. Produced national and international swimmers, who have broken a number of regional to international records.

Graham has also worked as a sports development officer for the City of Glasgow. As well as swimming he has assisted in educating clubs with their development of a number of sports such as Hockey, Gymnastics and Judo.

Graham has been a tutoring since 2005, running both stroke clinics and coaching courses for national qualifications.

Topics covered but not limited to:

<ul style="list-style-type: none"><li>• Understanding Breaststroke fundamentals</li></ul>	<ul style="list-style-type: none"><li>• Identifying key points of the stroke</li></ul>
<ul style="list-style-type: none"><li>• Recognising the strengths and weakness of the swimmer</li></ul>	<ul style="list-style-type: none"><li>• Possible faults and corrections</li></ul>
<ul style="list-style-type: none"><li>• Stroke analysis</li></ul>	<ul style="list-style-type: none"><li>• Drills</li></ul>
<ul style="list-style-type: none"><li>• Videos</li></ul>	<ul style="list-style-type: none"><li>• Practical session: Working with swimmers on poolside</li></ul>

**Cost:**

- \$80.00 per person

[To Enroll Click Here](#)

[Course Dates - Click Here](#)

[Print Enrolment Form](#)

Please contact Sharon Burger for further assistance:

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Kindest regards

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